

CURRICULUM VITAE
Raman Mehrzad, M.D., M.H.L., M.B.A.

EDUCATION

<u>Degree</u>	<u>Institution</u>	<u>Date Degree Granted</u>
Value-based Health care Delivery	Harvard Business School Institution for Strategy & Competitiveness Program: Value-Based Health Care Delivery	Jan 2016 – Jan 2016
M.B.A.	University of Massachusetts Isenberg School of Management Program: Master of Business Administration (GPA: 4.0) Phi Kappa Phi	Sept 2015 – Dec 2018
M.H.L	Brown University, School of Professional Studies Program: Executive Master of Healthcare Leadership (GPA: 4.0) Graduated with Distinction	Aug 2015 – Dec 2016
M.D.	University of Gothenburg Gothenburg, Sweden Program: Medical School	Jan 2005 – Mar 2010
Psychology	University of Gothenburg Faculty of Psychology Gothenburg, Sweden	Aug 2006 – Jan 2007
B.Sc.	Polhem's College of Science Gothenburg, Sweden (GPA: 4.0) Graduated top 1% of the school	Aug 2001 – May 2004

MEDICAL POST-GRADUATE TRAINING & WORK EXPERIENCE

Ocean Plastic Surgery Center Plastic surgeon, Medical Director	July 2024 -
Rhode Island Hospital, Brown University Providence, RI Plastic Surgery Residency training	July 2018 – June 2024
Yale New Haven Hospital New Haven, CT Medical Director	May 2017 – June 2018
Yale New Haven Hospital, Yale University School of Medicine Dept. of Internal Medicine New Haven, CT Hospitalist	Jul 2015 – June 2018
Steward Carney Hospital, Tufts University School of Medicine	Jun 2014 – Jun 2015

Dept. of Internal Medicine
Boston, MA

Associate Chief Medical Resident

Steward Carney Hospital, Tufts University School of Medicine
Boston, MA

Jun 2012 - Jun 2015

Internal Medicine Residency training

RESEARCH

Clinical Research/
Drug Development

Rhode Island Hospital
Alpert Medical School of Brown University
Department of Plastic Surgery
Boston, MA

June 2014 – Present

Research mentor: Paul Y. Liu, MD

Research
Fellowship

Beth Israel Deaconess Medical Center
Harvard Medical School
Department of Surgery
Division of Endocrine Surgery
Boston, MA

Jan 2014 - Jun 2015

Research mentor: Per-Olof Hasselgren, MD, PhD

Research
Fellowship

Massachusetts General Hospital
Harvard Medical School
Division for Gastroenterology,
Allergy and Immunology
Boston, MA

Jan 2013 – Jan 2014

Research mentor: Wayne Shreffler, MD, PhD

Research
Fellowship

University of Gothenburg
Institution of Biomedicine
Gothenburg, Sweden

Jun 2005 – Oct 2009

Research mentor: Per Elias, MD, PhD

HONORS AND AWARDS

Dean's Excellence in Teaching Award, Warren Alpert Medical School of Brown Univ.	2020
Dean's Excellence in Teaching Award, Warren Alpert Medical School of Brown Univ.	2019
Phi Kappa Phi, University of Massachusetts, MBA	2018
Graduation with distinction, Brown University, Master of Healthcare Leadership	2017
Full scholarship, Brown University, Master of Healthcare Leadership	2015
Best Residency Research Project of the year, Steward Carney Hospital	2014
Best Teaching Intern of the year, Steward Carney Hospital	2012
Edwards Stenberg Medical Student Travel Award	2009
Adlebertska Scholarship Foundation, University of Gothenburg	2008, 2009
Ms. Mary Von Sydrows Research Foundation, University of Gothenburg	2008
H.T Cedergren's Educational Scholarship Foundation	2006, 2007, 2008, 2009, 2010
Polhem Gymnasium Graduation with Honor Scholarship	2004
The Royal Hvitfeldtska Scholarship Foundation	2003, 2004
Best High School Graduate Award	2004

BOOK PUBLICATIONS

1. **Mehrzad R.** The Link Between Obesity and Cancer. Elsevier. 1st Ed. September, 2022. ISBN-13: 978-0323909655
2. **Mehrzad R.** Inflammation and Obesity. A New and Novel Approach to Manage Obesity and its Consequences. Elsevier, 1st Ed. September, 2022. ISBN-13: 978-0323909600
3. **Mehrzad R.** Student Success in Medical School: A practical guide to learning strategies. Elsevier. 1st Ed. April, 2021. ISBN-13: 978-0323696067.
4. **Mehrzad R.** Obesity: Global Impact and Epidemiology (2020). Elsevier, 1st Edition. July, 2020. ISBN-13: 978-0128188392 (1-214)
5. **Mehrzad R.** (2016). Eins plus: Der ultimative Guide für mehr Lernerfolg. **Amazon's bestseller**, ISBN: 9783990011829. (1-176). Countries: Germany, Switzerland and Austria
6. **Mehrzad R.** (2012). A i alla ämnen – Den ultimate guiden till högsta betyg. "Straight A's – The ultimate guide to straight A's". **Sweden's Bestseller**. ISBN: 9789175034430. (1-180).
7. **Mehrzad R,** Josefsson J, Birro M, Karim V, Ziambaras E, Pers H, Tregaro Y, et al. (2011). Från förort till Framgång. "From Suburb to Success". ISBN: 9789185379408. (82-88).
8. **Mehrzad R,** Gudmundsdottir E. (2009). Doktors recept på ett yngre och friskare liv. "A doctor's prescription for a younger and healthier life". ISBN: 9789197742870. (1-260).
9. **Mehrzad R.** (2007). MVG i allt – Hemligheterna med att få högsta betyg I skolan. "Straight A's – The secrets of getting top grades in school". **Sweden's Bestseller**. ISBN: 9789197706391. (1-124).

BOOK CHAPTERS

1. Kiwanuka E, **Mehrzad R,** Liu PY. (2019). Pressure Ulcers. LearnSkin. Patient's Guide to Wound Care (Chapter 2, p9-13)
2. **Mehrzad R,** Wang XT, Zhou YL, Wu YF, Liu PY. (2017). Gene therapy of the Tendons. In Springer (Ed.), Gene Therapy in Reconstructive and Regenerative Surgery. Cham: Springer International Publishing AG.
3. **Mehrzad R,** Liu PY. (2017). Developing a Gene Therapy Clinical Trial: Tips and Tricks. In Springer (Ed.), Gene Therapy in Reconstructive and Regenerative Surgery. Cham: Springer International Publishing AG.
4. **Mehrzad R,** Liu PY. (2017). A Comprehensive Review of Wound Healing. DP Orgill (Ed.), Scientific American Plastic Surgery [online] (In press). Hamilton: Decker Intellectual Properties.
5. **Mehrzad R,** Kwan D, Schmidt S, Liu P. (2017). Local and regional Flaps. In Dennis P. Orgill (Ed.), Interventional Treatment of Wounds: A Modern Approach for Better Outcomes. New York: Springer.
6. **Mehrzad R,** Shetty S, Ahmed AR.. (2015). Blistering Diseases – Pemphigoid.. In Stephen T. Sonis. (Ed.), Genomics, Personalized Medicine and Oral Disease (pp. 219-251). Boston: Springer.

PUBLICATIONS

Peer Reviewed Publications

1. Najafali D, Galbraith LG, **Mehrzaad R**. Commentary on: Text-to-video models and Sora in plastic surgery: pearls, pitfalls, and prospectives. *Aesthetic Plastic Surgery* January 2025]
2. Galbraith LG, Najafali D, **Mehrzaad R**. Invited Response on: Letter to the Editor: Neuromodulators Raising Eyebrows: Having Is Not So Pleasing, After All, As Wanting. *Aesthetic Plast Surg*. 2024 Dec 2.
3. Griffin FS, Stead TS, Zeyl VG, **Mehrzaad R**, King VA, Kalliainen LK. Low Preoperative Albumin Levels Significantly Associated with Increased Risk of Wound Infection and Bleeding After Panniculectomy. *Plast Surg (Oakv)*. 2024 Oct 25:22925503241292350.
4. Zeyl VG, Rivera Perla KM, **Mehrzaad R**, Lim R, Slate-Romano JJ, Liu PY, Kwan DK. Neighborhood Disadvantage Predicts Delay in Care in Bilateral Breast Reduction. *Ann Plast Surg*. 2024 Nov 1;93(5):558-563.
5. Galbraith LG, Najafali D, **Mehrzaad R**. Plastic Surgery Waste Management: Going Green, Makes Green? *Aesthetic Plast Surg*. 2024 Sep 26.
6. Galbraith LG, Najafali D, **Mehrzaad R**. Neuromodulators Raising Eyebrows: "Having Is Not so Pleasing, After All, as Wanting". *Aesthetic Plast Surg*. 2024 Aug 21.
7. **Mehrzaad R**, Hauc SC, Rivera JC, Hanrahan GB, de Baun HM, Cruz CA, Woo AS. Assessing the Reliability of Facial Feminization Content on Social Media and Its Impact on the Dissemination of Misinformation. *Ann Plast Surg*. 2024 May 1;92(5):580-584
8. Baranwal N, Gong JH, Arnoff TE, **Mehrzaad R**. The role and management of *mineral* supplementation in plastic surgery patients: a comprehensive review. *Eur J Plast Surg* 47, 29 (2024). <https://doi.org/10.1007/s00238-024-02183-4>
9. Baranwal N, Gong JH, Arnoff TE, **Mehrzaad R**. The role and management of *vitamin* supplementation in plastic surgery patients: A comprehensive review. *Eur J Plast Surg* 47, 22 (2024). <https://doi.org/10.1007/s00238-024-02165-6>
10. **Mehrzaad R**, Denour E, Crozier J, Woo AS. C. The use of in-house patient-specific 3D printed models in plastic-, orthopedic and neurosurgical planning: a preliminary report. *Journal of 3D Printing in Medicine* 2023. doi.org/10.2217/3dp-2023-0009
11. **Mehrzaad R**, Hauc SC, Rivera JC, Hanrahan G, Baun H, Cruz CA, Woo A. Assessing the Reliability of Facial Feminization Content on Social Media and its Impact on the Dissemination of Misinformation. *Annals of Plastic Surgery*. 2023.
12. Stead T, Soliman L, Sobti N, **Mehrzaad R**, Breuing K. Obesity Portends Increasing Rates of Superficial Surgical Site Infection Following Pediatric Reduction Mammoplasty: A National Surgical Database Analysis. *Annals of Plastic Surgery*. 2023.
13. Gong JH, Koh DJ, Sobti N, **Mehrzaad R**, Beqiri D, Maselli AM, Kwan D. Trends in Hospital Billing for Mastectomy and Breast Reconstruction Procedures from 2013 to 2020. *J Reconstr Microsurg*. 2023 Dec 5
14. Koh DJ, Gong JH, Sobti N, **Mehrzaad R**, Beqiri D, Ahn S, Maselli A, Kwan D. Billing and Utilization Trends in Reconstructive Microsurgery Indicate Worsening Access to Care. *J Reconstr Microsurg*. 2023 Dec 18
15. King VA, Vishwanath N, Sobti N, Rao V, **Mehrzaad R**, Crozier J, Breuing KH. An Evaluation of the Relative Safety of Artia Porcine Acellular Dermal Matrix in the Setting of Implant-Based Breast

Reconstruction. J Plast Reconstr Aesthet Surg. 2023 Nov

16. Gong JH, Kim DD, King VA, **Mehrzad R**. "Factors Associated with Court Outcomes of Medical Malpractice Litigations involving Breast Reductions: 1990-2020". Plastic and Reconstructive Surgery. 2023 Mar 30.
17. Gong JH, Soliman L, Sobti N, **Mehrzad R**, Woo AS. Medical Malpractice Litigations Involving Infant Craniosynostosis and Deformational Plagiocephaly in the United States. Cleft Palate Craniofac J. 2023 Mar
18. Gong JH, **Mehrzad R**, Bhatt RA. Practical Management of Lumps and Bumps of the Fingers, Hand, and Wrist. J Am Board Fam Med. 2022 Sep 16;jabfm.2022.AP.220028.
19. Gong JH, Kim DD, **Mehrzad R**. Medical malpractice litigations after hair restoration surgery in the United States. J Plast Reconstr Aesthet Surg. 2022 Jun 28:S1748-6815(22)00418-1.
20. **Mehrzad R**, Aikki R, Liu P, Schmidt S, Woo A. Changes in Academic Plastic Surgery Programs During the Covid-19 Pandemic. Annals of Plastic Surgery
21. **Mehrzad R**, Mookerjee V, Schmidt S, Jehle C, Rao V, Mehrzad M, Liu PY. The Economic Impact of Extensor Tendon Lacerations of the Hand in the United States. Ann Plast Surg. 2021 Jun 23
22. **Mehrzad R**, Aikki R, Crozier J, Schmidt S. Mental Health Outcomes in Plastic Surgery Residents during the COVID-19 Pandemic. Plastic and Reconstructive Journal
23. Akiki R, **Mehrzad R**. Practical management of common skin injuries, lacerations, wounds, trigger fingers, and burns in primary care. J of the Am Board of Family Medicine. 2020 Sept
24. **Mehrzad R**, Festa J, Bhatt R. Subcutaneous sarcoidosis of the upper and lower extremities: A case report and review of the literature. World J Clin Cases. 2019 Sep 6;7(17):2505-2512.
25. **Mehrzad R**, Mookerjee V, Schmidt S, Jehle CC, Kiwanuka E, Liu PY. The Economic Impact of Flexor Tendon Lacerations of the Hand in the United States. Ann Plast Surg. 2019 May 22.
26. Mehrzad M, Jehle CC, Roussel LO, **Mehrzad R**. Gangrenous cholecystitis: a silent but potential fatal disease in patients with diabetic neuropathy. A case report. World Journal of Clinical Cases. Dec 2018
27. **Mehrzad R**, Prsic A, Basta M, Bhatt R. A Cross-Sectional Study among Hand Surgeons in the United States on Standardizing Microsurgery Training. Journal of Hand and Microsurgery Sept. 2018
28. Kiwanuka E, Jehle C, Roussle L, **Mehrzad R**, Schmidt S, Hsieh S. The use of a magnetic port finder in the retrieval of Air Rifle BBs to the Upper Extremity: A case report. The J of Hand Surgery. Feb 2018
29. Kiwanuka E, Iyengar R, Jehle CC, **Mehrzad R**, Kwan D. The use of Synthes MatrixWAVE bone anchored arch bars for closed treatment of multiple concurrent mandibular fractures. J Oral Biol Craniofac Res. 2017 Sep-Dec;7(3):153-157
30. Mehrzad M, Tuktamyshov R, **Mehrzad R**. Safety, efficiency and cost effectiveness of Bivalirudin: A systematic review. World J Cardiol. 2017 Sep 26;9(9):761-772.
31. Kiwanuka E, **Mehrzad R**, Prsic A, Kwan D. Online Patient Resources for Gender Affirmation Surgery: An Analysis of Readability. Annals of Plastic Surgery. 2017, Jul; Pub Status: In-Press.

32. **Mehrzad R**, Nishino M, Nucera C, Dias-Santagata D, Hennessey JV, Hasselgren PO. Invasive follicular variant of papillary thyroid cancer harboring the NRAS mutation Q61K and presenting with bone metastasis-A case report. *Int J Surg Case Rep*. 2017 Jul 20;38:180-184
33. Sasi SP, Yan X, Zuriaga-Herrero M, Gee H, Lee J, **Mehrzad R**, Song J, Onufrak J, Morgan J, Enderling H, Walsh K, Kishore R, Goukassian DA. Different Sequences of Fractionated Low-Dose Proton and Single Iron-Radiation-Induced Divergent Biological Responses in the Heart. *Radiat Res*. 2017 Aug;188(2):191-203
34. **Mehrzad R**, Ho MG. Mutism Caused by Severe Demyelination in a Patient With Marchiafava-Bignami Disease. *J Emerg Med*. 2016 Sep 16.
35. **Mehrzad R**, Kim DC. Complication Rate Comparing Variable Angle Distal Locking Plate to Fixed Angle Plate Fixation of Distal Radius Fractures. *Ann Plast Surg*. 2016 Jul 11.
36. **Mehrzad R**, Brea BA, Johnston BR, Vezeridis M, Liu PY. State of Wound Care in Rhode Island. *R I Med J* (2013). 2016 Feb 1;99(2):18-21. PMID: 26827080
37. **Mehrzad R**, Nishino M, Connolly J, Wang H, Mowschenson P, Hasselgren PO. The relationship between the follicular variant of papillary thyroid cancer and follicular adenomas. *Surgery*. 2016 May;159(5):1396-406. PubMed PMID: 26782349.
38. **Mehrzad R**. Abdominal varicosities secondary to inferior vena cava filter thrombosis. *BMJ Case Rep*. 2015 Dec 18;2015. pii: bcr2015209479. PubMed PMID: 26682833
39. Yan X, Sasi SP, Gee H, Lee J, Yang Y, **Mehrzad R**, Onufrak J, Song J, Enderling H, Agarwal A, Rahimi L, Morgan J, Wilson PF, Carrozza J, Walsh K, Kishore R, Goukassian DA. Correction: Cardiovascular Risks Associated with Low Dose Ionizing Particle Radiation. *PLoS One*. 2015 Nov 6;10(11):e0142764. PubMed PMID: 26544605
40. Leung J, **Mehrzad R**, Hundal NV, Alejos A, Hesterberg PE, Katz AJ, Yuan Q, Shreffler WG. Longitudinal Perspective on Managing Refractory Eosinophilic Esophagitis. *J Allergy Clin Immunol Pract*. 2015 Nov Dec;3(6):951-6. Epub 2015 Sep 3. PubMed PMID: 26342740
41. **Mehrzad R**, Ho MG. Hypertrophic olivary degeneration secondary to traumatic brain injury: a unique form of trans-synaptic degeneration. *BMJ Case Rep*. 2015 Jul 2;2015. PubMed PMID: 26139651.
42. **Mehrzad R**, Barza M. Weighing the adverse cardiac effects of fluoroquinolones: A risk perspective. *J Clin Pharmacol*. 2015 May 22.
43. **Mehrzad R**, Mishra S, Faller G, Memon B, Fiore J. Right-Sided Diverticulosis and Disparities from Left-Sided Diverticulosis in the Vietnamese Population Living in Boston, Mass., USA: A Retrospective Cohort Study. *Med Princ Pract*. 2015 Apr 22.
44. **Mehrzad R**, Barza M. Are physician pagers an outmoded technology? *Journal of Technology and Health Care*. 2014 Oct 28. PubMed PMID: 25351275.
45. Yan X, Sasi SP, Gee H, Lee J, Yang Y, **Mehrzad R**, Onufrak J, Song J, Enderling H, Agarwal A, Rahimi L, Morgan J, Wilson PF, Carrozza J, Walsh K, Kishore R, Goukassian DA. Cardiovascular risks associated with low dose ionizing particle radiation. *PLoS One*. 2014 Oct 22;9(10):e110269. PubMed PMID: 25337914
46. **Mehrzad R**, Bajaj R. A rare but important differential diagnosis in transient monocular blindness. *British Medical Journal Case report*. 2014 Oct 20;2014. PMID: 25336309
47. **Mehrzad R**, Rajab M, Spodick DH. The Three Integrated Phases of Left Atrial Macrophysiology and

Their Interactions. *International J of Molecular Science*. 2014 Aug 27;15(9):15146-15160. PMID: 25167138.

48. Bajaj R, **Mehrzaad R**, Singh K, Gupta JP Cardiac Tamponade in Hypothyroidism. *British Medical Journal Case report*. 2014 May 26;2014. PMID: 24862423
49. **Mehrzaad R**, Mishra S, Feinstein A, Krahn Z. A New Identified Complication of Intracystic Hemorrhage in a Large Pineal Gland Cyst. *Journal of Clinical Imaging*. 2014 Jul-Aug;38(4):515-7. PMID: 24746445
50. **Mehrzaad R**, Spodick DH. Intraatrial block – A virtual pandemic requiring attention. *Iranian Journal of Medical Science*. 2014 Mar;39(2):84-93. PMID: 24644376
51. **Mehrzaad R**, Saito H, Feinstein A, et al. Spontaneous Tumor Lysis Syndrome in a Patient with Metastatic Hepatocellular Carcinoma. *Medical Principles and Practice*. 2014 Mar 7. PMID: 24642955
52. **Mehrzaad R**, Bravaco J. Pancytopenia in Lyme Disease. *British Medical Journal Case report*. 2014 Mar 4;2014. PMID: 24596410
53. **Mehrzaad R**, Bravaco J, Mehrzaad M. Clostridium Difficile-induced Delirium: The Great Neurologic Mimicker. *J of Clinical Case Repots*. 2014 Jan. doi:10.4172/2165-7920.1000338.
54. **Mehrzaad R**, Sublette M, Barza M. Polymicrobial Endocarditis in Intravenous Heroin and Fentanyl Abuse. *Journal of Clinical and Diagnostic Research*. 2013 Dec;7(12):2981-5. PMID: 24551699
55. **Mehrzaad R**, Agarwal A, Faller G, Fiore JA. Prostate Cancer Metastasis to the Stomach: 9 years after the initial diagnosis - Case report and a literature review. *J Gastrointestinal Cancer*. August 2013. PMID: 23949554
56. Arslanian B, **Mehrzaad R**, Kramer T, Kim DC. Forearm Bier Block: A New Regional Anesthetic Technique for Upper Extremity Surgery. *Annals of Plastic Surgery*. 2013 Mar. PMID: 23407261
57. **Mehrzaad R**, Spodick DH. Pericardial involvement in diseases of the heart and other contiguous structures: *part I*: pericardial involvement in infarct pericarditis and pericardial involvement following myocardial infarction. *Cardiology*. 2012 Mar; 121(3): PMID: 22472431
58. **Mehrzaad R**, Spodick DH. Pericardial involvement in diseases of the heart and other contiguous structures: *part II*: pericardial involvement in noncardiac contiguous disorders. *Cardiology*. 2012 Mar; 121(3): 177-183. PMID: 22472461
59. **Mehrzaad R**, Spodick DH. Acute macrophysiological effects of pericardiectomy: chronic effects of pericardiectomy/pericardiotomy uninvestigated - is pericardiectomy benign? *Cardiology*. 2011 Nov; 120(1): 1-2. PMID: 22075470

Abstracts

1. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Inhalation Injuries Evaluated on a Global Scale. American Burn Association 2025. Phoenix, AZ. Poster presentation
2. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Global Disparities in Burns: Analyzing Outcomes from the WHO Global Burn Registry Across Resource Settings. American Burn Association 2025. Phoenix, AZ. Poster presentation
3. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Global Characteristics and Outcomes of Massive Burn Injuries. American Burn Association 2025. Phoenix, AZ. Poster

presentation. Poster presentation

4. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Influence of Infrastructure on Global Burn Outcomes: Analysis of the WHO Global Burn Registry. American Burn Association 2025. Phoenix, AZ. Poster presentation
5. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Hand Burns in Low- and Middle-Income Countries: Insights from the Global Burn Registry. American Burn Association 2025. Phoenix, AZ. Poster presentation
6. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Burn Outcomes: Does Private or Government Ownership Status Matter? American Burn Association 2025. Phoenix, AZ. Poster presentation
7. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Age-Related Differences in Global Burn Outcomes: Comparative Analysis of Pediatrics, Young Adults, Adults, and Geriatrics. American Burn Association 2025. Phoenix, AZ. Poster presentation
8. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Lower Extremity Burns in Low- and Middle-Income Countries: Analysis of the WHO Global Burn Registry. American Burn Association 2025. Phoenix, AZ. Podium Presentation
9. Najafali D, Galbraith L, Stams V, Egro F, Patel S, **Mehrzaad R**, Tran Q, Nthumba P. Ensemble Machine Learning Models for Burn Mortality Prediction Using the WHO Global Burn Registry. American Burn Association 2025. Phoenix, AZ. Podium Presentation
10. N Baranwal, E Persad-Paisley, N Shinde, C Spake, J Menville, **R Mehrzaad**, N Sobti, L Kalliainen. Misconceptions in Plastic Surgery: Crowdsourcing Public Perceptions of Plastic Surgery Myths. Plastic Surgery The Meeting. Sept. 2024.
11. Baranwal N, Slate-Romano J, Ahn S, McIntire D, Sobti N, **Mehrzaad R**, Liu PY, Sullivan R. Accidental Drain Dislodgement Is Associated With Post-operative Complications After Abdominal Contouring Surgery. American Association of Plastic Surgery Meeting, Boston, MA. May 2024. **ORAL**
12. Baranwal N, Slate-Romano J, McIntire D, **Mehrzaad R**, Sobti N, Liu PY, Sullivan R. Impact Of Concurrent Surgeries And Liposuction On Post-operative Complications In Abdominal Contouring Procedures. American Association of Plastic Surgery Meeting, Boston, MA. May 2024. **ORAL**
13. Baranwal N, Slate-Romano J, McIntire D, **Mehrzaad R**, Sobti N, Liu PY, Sullivan R. Impact Of Concurrent Surgeries And Liposuction On Post-operative Complications In Abdominal Contouring Procedures. Plastic Surgery Research Council: PSRC, Boston, MA. May 2024. **SHORT PRESENTATION**
14. Baranwal N, Slate-Romano J, McIntire D, **Mehrzaad R**, Sobti N, Liu PY, Sullivan R. Impact Of Concurrent Surgeries And Liposuction On Post-operative Complications In Abdominal Contouring Procedures. Aesthetic Meeting, Vancouver, BC. May 2024. **ORAL**
15. **Mehrzaad R**, Soliman L, Stead T, Sobti N, Breuing K. Obesity Portends Increasing Rates of Superficial Surgical Site Infection Following Pediatric Reduction Mammoplasty: A National Surgical Database Analysis. Plastic Surgery The Meeting, 92nd Annual Meeting, Austin, TX. Oct 2023. **ORAL**
16. Stead T, Soliman L, Sobti N, **Mehrzaad R**, Breuing K. Obesity Portends Increasing Rates of Superficial Surgical Site Infection Following Pediatric Reduction Mammoplasty: A National Surgical Database Analysis. Northeastern Society of Plastic Surgeons. 40th Annual meeting.

Washington DC. September 2023. **ORAL**

17. Zeyl VG, Rivera Perla, KM, **Mehrzad R**, Slate-Romano JJ, Crozier JW, Liu PY, Kwan DK. Evaluating Complication Rates In Bilateral Breast Reduction Patients: An Analysis Of Neighborhood-level Disadvantage Using The Area Deprivation Index (ADI). American association of Plastic Surgeons. 100th meeting, San Diego, CA. April 2022. **ORAL**
18. Zeyl VG, Stead TS, **Mehrzad R**, King V, MD, Kalliainen L. Low Preoperative Albumin Levels Significantly Increase Odds Of Panniculectomy Complications: A National Surgical Quality Improvement Program (ACS-NSQIP) Analysis. American association of Plastic Surgeons. 100th meeting, San Diego, CA. April 2022. **POSTER**
19. Akiki R, **Mehrzad R**. The Impact of the COVID-19 Pandemic on Plastic Surgery Programs. Northeastern Society of Plastic Surgeons 2020. **VIRTUAL DISPLAY PRESENTATION**
20. **Mehrzad R**, Schmidt S, Kalliainen K, Liu PY. The Economic Impact of Extensor Tendon Lacerations of the Hand in the United States. Plastic Surgery The Meeting 2020. Live Online. Oct 2020. **VIRTUAL DISPLAY PRESENTATION**
21. **Mehrzad R**, Denour E, Crozier J, Woo A. A Preliminary Report: The Use of Patient-Specific 3D Printed Models in Pre-Surgical Planning. Plastic Surgery The Meeting 2020. Live Online. Oct 2020. **ORAL**
22. **Mehrzad R**, Parsons A, Kiwanuka E, Darling E, Mookerjee V, Liu PY. Adipose-Derived Stem Cells Differs Significantly Due to Donor Variability and Medical history. American College of Surgeons. Boston, MA. October 2018. **ORAL (Best presentation)**
23. Kiwanuka E, **Mehrzad R**, Parsons A, Darling E, Mookerjee V, Liu PY. The Immunophenotype of Adipocyte Stromal Vascular Cells Varies between Patients with Breast Cancer, Lipodystrophy and Macromastia. Plastic Surgery The Meeting 2018. Volume 6 - Issue 9S - p 152-153. San Diego, CA. September 2018. **POSTER**
24. Mookerjee V, **Mehrzad R**, Kiwanuka E, Kwan D, Liu PY. Treatment of Recalcitrant Chronic Wounds with a Hyaluronic Acid Dressing and a Micelle Matrix Surfactant: A pilot study. 2018 Annual Meeting of the Wound Healing Society with the Symposium on Advanced Wound Care. Charlotte, NC April 2018. **POSTER**.
25. **Mehrzad R**, Basta M, Prsic A, Bhatt R. A Cross-Sectional Survey Study among Hand Surgeons in the U.S. on Standardizing Microsurgery Training. New England Society of Plastic and Reconstructive Surgeons Annual meeting. Manchester, VT. June 2018. **POSTER**
26. **Mehrzad R**, Ahmed AR. Anti-Laminin γ 1 Pemphigoid – An Emerging Skin Disease. 23rd World Congress of Dermatology. Vancouver, Canada. June 2015. **POSTER**
27. **Mehrzad R**, Ahmed AR. Relationship Between Anti-Epiligrin Cicatricial Pemphigoid and Cancer. 23rd World Congress of Dermatology. Vancouver, Canada. June 2015. **POSTER**
28. **Mehrzad R**, Barza M. A Systematic review of the Relationship Between Fluoroquinolones and Cardiac Arrhythmias. American College of Physicians 2014 meeting. Boston, MA. Oct 2014. **POSTER (Poster winner)**
29. **Mehrzad R**, Ho MG. Susac Syndrome – A Rare Syndrome with Diagnostic Challenges. American College of Physicians 2014 meeting. Boston, MA. Oct 2014. **POSTER (Poster winner)**
30. **Mehrzad R**, Meerani S, Ho MG. Clostridium Difficile induced delirium: the great neurologic

mimicker. 2nd International Conference on Predictive, Preventive and Personalized Medicine & Molecular Diagnostic. Las Vegas, NV. Nov 2014. **ORAL**

31. **Mehrzad R**, Meerani S, Ho MG. Multiple system atrophy – An updated review for medical practitioners. 2nd International Conference on Predictive, Preventive and Personalized Medicine & Molecular Diagnostic. Las Vegas, NV. Nov 2014. **ORAL**
32. **Mehrzad R**, Marangoz M. Gangrenous Cholecystitis: A Silent but Potential Fatal Disease in Patients with Diabetic Neuropathy. 16th International Congress of Endocrinology/The Endocrine Society's 96th Annual Meeting and Expo. Chicago, IL, June 2014. **POSTER**
33. Leung J, **Mehrzad R**, Alejos A, Hesterberg PE, Yuan Q, Virk NH, Shreffler WG, Katz AJ. Clinical Outcomes of Rescue Treatment for Eosinophilic Esophagitis. Digestive Disease Week, Chicago, IL. May 2014. **POSTER**
34. **Mehrzad R**, Katz AJ, Yuan Q, Hesterberg PE, Shreffler WG, Alejos A, Fiore J, Leung J. Safety of Serial Endoscopies in Patients with Eosinophilic Esophagitis Undergoing Dietary Therapy: Our own Experience and Literature Review. Digestive Disease Week. Chicago, IL. May 2014. **POSTER**
35. **Mehrzad R**, Babar T, Saraf R, Kotler G, Wylie J. A Simple Prediction Model for Final Isthmus Conduction Time after Ablation of Typical Right Atrial Flutter. American College of Cardiology - The 63rd Annual Scientific Session, Washington, DC. April 2014. **POSTER**
36. **Mehrzad R**, Saito H, Feinstein A, Krahn Z. Spontaneous Tumor Lysis Syndrome in a Patient with Metastatic Hepatocellular Carcinoma. The 8th Annual MMS Research Poster Symposium. Boston, MA. Dec 2013. **POSTER**
37. **Mehrzad R**. Is the paging system an effective way of communicating among clinicians? The 8th Annual MMS Research Poster Symposium. Boston, MA. Dec 2013. **POSTER**
38. **Mehrzad R**, Leung J, Alejos A, Virk NH, Katz AJ, Yuan Q, Hesterberg PE, Shreffler WG. Serial diagnostic EGDs used to identify food trigger(s) in eosinophilic esophagitis are safe. The 78th Annual American College of Gastroenterology. San Diego, CA. Oct 2013. **POSTER**
39. **Mehrzad R**, Memon BI, Fiore J. Right-Sided Diverticulosis in the Vietnamese Population. American College of Physicians. Boston, MA. Oct 2013. **POSTER**
40. **Mehrzad R**, Kim, DC, Shaffer B. (Safety and Efficacy of Volar Bearing Plate Fixation for Distal Radius Fractures. 1st Combined Meeting of the American and Australian Hand Surgery Societies. Kauai, HI. March 2012. **ORAL**
41. **Mehrzad R**, Dahlstrand C. Prevalence of LUTS, ED and BPH; A population Based Survey of Swedish Men 29th World Congress of Endourology and SWL. Kyoto, Japan. 2011 Nov; 25(S1): 1-373. **ORAL**
42. **Mehrzad R**, Dahlstrand C. Prevalence of LUTS, ED and BPH A population Based Survey of Swedish Men - Part 2; TRUL, Flow Rate and PVR. 29th World Congress of Endourology and SWL. Kyoto, Japan. 2011 Nov; 25(S1): 1-373. **ORAL**
43. **Mehrzad R**, Muylaert I, Elias, P. Methods for chromatin immunoprecipitation of proteins bound to herpes simplex virus DN. Medical Biochemistry and Cell biology Meeting; Gothenburg, Sweden. Oct 2008. **ORAL**

Peer Review Medical Journal Reviewer

- Journal of Plastic, Reconstructive & Aesthetic Surgery 2024 – Present
- Journal of Clinical Medicine (IF: 5.1) 2022 - Present
- British Medical Journal – Surgery (IF: 96) 2022 - Present
- World Journal of Clinical Cases 2020 – Present
- Advances in Medical Science (IF: 3.3) 2020 – Present
- Reviewer for Elsevier Medical Books 2018 - Present
- Reviewer for the 'British Medical Journal – Case reports' 2014 - Present

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- The Aesthetic Society Jan 2022 - Present
- American Society of Plastic Surgeons July 2019 - Present
- American Board of Internal Medicine Oct 2015 – Present
- American College of Physicians May 2013 - Present
- The Massachusetts Medical Society Sept 2012 - Present
- MENSA - The High IQ Society Dec 2003
- Tae Kwon Do, International Black Belt Association Sept 2003

LANGUAGE SKILLS

- English – *Native proficiency*
- Swedish - *Native proficiency*
- Persian/Farsi - *Native proficiency*
- Norwegian – *Full professional proficiency*
- Spanish – *Limited working proficiency*

OTHER ACCOMPLISHMENTS

- Member of Phi Kappa Phi, MBA 2018
- Brown University Master's graduate with distinction 2017
- Best Residency Research Project of the Year 2014
- Best Intern of the year 2013
- 2nd Dan Black Belt, TaeKwonDo 2005
- 1st Dan black belt, TaeKwonDo 2003
- 3rd ranked table tennis player in Sweden 2003
- 2nd place in Swedish Tae kwon do Championship 2002
- City champion in Yo-Yo, Sweden 1998